



## Cheesecake Menu Gluten Free Items

a/o Feb 3, 2011

All Gluten Free Menu items listed below are from the official Cheesecake Factory Allergen Menu online: [http://www.thecheesecakefactory.com/resources/6a6d870044252fe3b2def3ef4dd00272/TCF\\_Allergen\\_No\\_Price\\_Summer\\_2010.pdf](http://www.thecheesecakefactory.com/resources/6a6d870044252fe3b2def3ef4dd00272/TCF_Allergen_No_Price_Summer_2010.pdf)  
Please check with your local restaurant for all current gluten free and/or other allergen information.

### SALAD DRESSINGS

#### BLUE CHEESE DRESSING

CONTAINS:  MILK  EGG

#### CITRUS HONEY DRESSING

CONTAINS:

#### LOW CAL MUSTARD VINAIGRETTE

CONTAINS:

#### THOUSAND ISLAND DRESSING

CONTAINS:   EGG

#### GREEK SALAD

Feta Cheese, Tomato, Cucumber, Kalamata Olives and Red Onion

CONTAINS:  MILK

Milk-Free if ordered without Feta Cheese

#### EDAMAME

Soy Beans Steamed in Their Pods

CONTAINS:           SOY

### APPETIZER SALADS

#### B.L.T. SALAD

Crisp Iceberg Lettuce Covered with Fresh Tomato, Bacon, Chopped Egg and Blue Cheese. Served with Our Bacon Dressing

CONTAINS:  MILK  EGG

Milk-Free if ordered without Blue Cheese

Egg-Free if ordered without Chopped Egg and Bacon Dressing

#### FRESH VEGETABLE SALAD

Asparagus, Green Beans, Tomato, Cucumber, Roasted Beets, Apple, Edamame, Radicchio, Romaine and White Cheddar All Chopped with Pomegranate Vinaigrette

CONTAINS:  MILK           SOY

Milk-Free if ordered without White Cheddar Cheese  
Soy-Free if ordered without Edamame

#### GREEN SALAD

CONTAINS:

Salad Dressings listed on Page 22

#### LEMON-HERB ROASTED CHICKEN

Served with Mashed Potatoes, Carrots and Watercress Topped with a Light Lemon Garlic-Herb Sauce

CONTAINS:  MILK

Milk-Free if ordered without Butter and Mashed Potatoes

#### WEIGHT MANAGEMENT GRILLED CHICKEN™

Lightly Pounded Chicken Breast Charbroiled and Topped with a Tomato and Arugula Salad. Garnished with Steamed White Rice and Asparagus. Under 590 Calories

CONTAINS:  MILK  EGG

Milk-Free and Egg-Free if ordered without Parmesan Romano Cheese

#### FRESH GRILLED SALMON\*

Served with Potato and Vegetable

CONTAINS:   EGG    FISH

Egg-Free if ordered without Tartar Sauce  
Accompaniments listed on Page 14b

#### FRESH GRILLED MAHI MAHI

Served with Potato and Vegetable

CONTAINS:   EGG    FISH

Egg-Free if ordered without Tartar Sauce  
Accompaniments listed on Page 14b

#### GREEN BEANS

CONTAINS:  MILK

Milk-Free if ordered without Butter

#### CORN SUCCOTASH

CONTAINS:  MILK

Milk-Free if ordered without Butter

#### MASHED POTATOES

CONTAINS:  MILK

#### SAUTEED SPINACH

CONTAINS:  MILK

Milk-Free if ordered without Butter

Gluten-Free if special ordered

#### FRESH ASPARAGUS

CONTAINS:

Weight Management PEAR AND ENDIVE SALAD™  
Grilled Chicken, Endive, Radicchio, Arugula, Butter Lettuce, Roasted Pear, Blue Cheese, Candied Pecans and Tomato Served with a Low-Cal Vinaigrette

CONTAINS:  MILK    TREENUT

Milk-Free if ordered without Blue Cheese  
Treenut-Free if ordered without Candied Pecans

#### SLICED TOMATOES

CONTAINS:

#### FARM FRESH EGGS\*

Two Farm Fresh Grade A Eggs Served with Potatoes or Tomatoes, Toast, Bagel or English Muffin or with Old Smokehouse™ Bacon or Grilled Ham

CONTAINS:  MILK  EGG         SOY

Milk-Free if not scrambled or ordered with Egg Whites  
Soy-Free if ordered without Margarine

#### MINI EGG BREAKFAST\*

One Egg with Two Slices of Bacon, Potatoes and Toast

CONTAINS:  MILK  EGG         SOY

Milk-Free if not scrambled or ordered with Egg Whites  
Soy-Free if ordered without Margarine

## eggs & omelettes\*

Served All Day

Allergen Alert: Egg & Omelette Allergens are for the Eggs & Omelettes only  
Breakfast Accompaniments listed on Page 17a

### FACTORY CREATE AN OMELETTE

Select Any Four of the Following: Bacon, Ham, Cheddar, Jack, Swiss, Fontina, Goat Cheese, Avocado, Roasted Peppers, Fresh Mushrooms, Asparagus, Spinach, Bell Peppers, Fresh Tomato, Red or Green Onions

CONTAINS: MILK EGG SOY

Milk-Free if not scrambled or ordered with Egg Whites  
Soy-Free if ordered without Margarine

### CALIFORNIA OMELETTE

Avocado, Mushrooms, Green Onion, Tomato, Garlic and Shallots, Jack, Cheddar and Swiss Cheese with Sour Cream

CONTAINS: MILK EGG SOY

Soy-Free if ordered without Margarine

### SHITAKE MUSHROOM, SPINACH AND GOAT CHEESE SCRAMBLE

With Roasted Tomato and Garlic

CONTAINS: MILK EGG

### BOURBON STREET OMELETTE

Spicy Andouille Sausage, Peppers, Onions, Tomatoes, Mushrooms and Cheese

CONTAINS: MILK EGG SOY

Soy-Free if ordered without Margarine

### SPINACH, MUSHROOM, CHEESE AND BACON OMELETTE

Fresh Spinach, Sautéed Mushrooms, Smoked Bacon, Green Onions and Melted Cheese

CONTAINS: MILK EGG SOY

Milk-Free if ordered with Egg Whites and without Cheese

### BOWL OF FRESH STRAWBERRIES

CONTAINS: MILK

Milk-Free if ordered without Whipped Cream

## ICE CREAM DELIGHTS

Our Vanilla Ice Cream is made exclusively for The Cheesecake Factory

### HOT FUDGE SUNDAE with Chocolate Ice Cream

The Best Hot Fudge Anywhere. Topped with Whipped Cream and Almonds

CONTAINS: MILK TREENUT SOY

### HOT FUDGE SUNDAE with Coffee Ice Cream

CONTAINS: MILK TREENUT SOY

### HOT FUDGE SUNDAE with Vanilla Ice Cream

CONTAINS: MILK EGG TREENUT SOY

### BOWL OF CHOCOLATE ICE CREAM

CONTAINS: MILK

### BOWL OF COFFEE ICE CREAM

CONTAINS: MILK

### BOWL OF VANILLA ICE CREAM

CONTAINS: MILK EGG

### CLUBHOUSE SALAD

A Perfect Blend of Mixed Greens, Turkey, Smoked Bacon, Swiss Cheese, Avocado, Tomato, Roasted Beets and Chopped Egg Tossed with Thousand Island Dressing

CONTAINS: MILK EGG

Milk-Free if ordered without Swiss Cheese  
Egg-Free if ordered without Thousand Island Dressing

### KID'S GRILLED CHICKEN

Served with Potatoes and a Vegetable

CONTAINS: MILK

Milk-Free if ordered without Butter and Mashed Potatoes

## kid's desserts

### KID'S SCOOP OF CHOCOLATE ICE CREAM

CONTAINS: MILK

### KID'S SCOOP OF COFFEE ICE CREAM

CONTAINS: MILK

### KID'S SCOOP OF VANILLA ICE CREAM

CONTAINS: MILK EGG

### KID'S CHOCOLATE MINI HOT FUDGE SUNDAE

CONTAINS: MILK SOY

### KID'S COFFEE MINI HOT FUDGE SUNDAE

CONTAINS: MILK SOY

### KID'S VANILLA MINI HOT FUDGE SUNDAE

CONTAINS: MILK EGG SOY

### KID'S STRAWBERRIES

CONTAINS: MILK

Milk-Free if ordered without Whipped Cream

**Remember:** Always ask for the manager before ordering and tell him or her about your gluten-free needs (to get the most current menu and to inform the kitchen staff of your gluten issues).